

Photos from the SAC Socially-Distanced 2019/20 Prizegiving





**Sevenoaks Athletic Club
2020 Trophy Presentations (for Achievements in 2019)**

Challenge Cup for Services to the Club	: Jim Knight
Alex Wilson Cup for Athletic Achievement	: Sylvia Lewis
Road Race Grand Prix	
Winner	: Pauline Dalton - 489.9
Second	: Sally Shewell – 480.2
Third	: John Witton – 468.5
Most Improved in Road Race Grand Prix	
Winner	: Pauline Dalton + 54.9
Track & Field Grand Prix	
Winner	: Geoffrey Kitchener – 263.6
Second	: Zachary Ramsden – 238.7
Most improved in Track & Field Grand Prix	
Winner	: Graham Dwyer +11.2
Handicap Competition	
Winner	: Andrew Mead 4
Second	: Sylvia Lewis 10
Third	: James Baker 11
Male Cross Country Runner of the Year 2019-20	: Andrew Mead
Female Cross Country Runner of the Year 2019-20	: Pauline Dalton
Grand Prix Team Competition	
Winning Team	: Simon Hallpike, Duncan Cochrane and Duncan Warwick-Champion 424.9
Runners Up	: Anna Humphrey-Taylor, Nick Humphrey-Taylor and Neil Haggertay 420.7